

# Taekwondo Summer Camp

## **CROFT TAEKWONDO ACADEMY**

CroftTKD.com

5970 Park Vista Circle  
Suite 142  
Keller, TX 762448  
crofttkd@gmail.com  
817-734-1006

### Session 2

When: June 10-14 9am-4:00pm

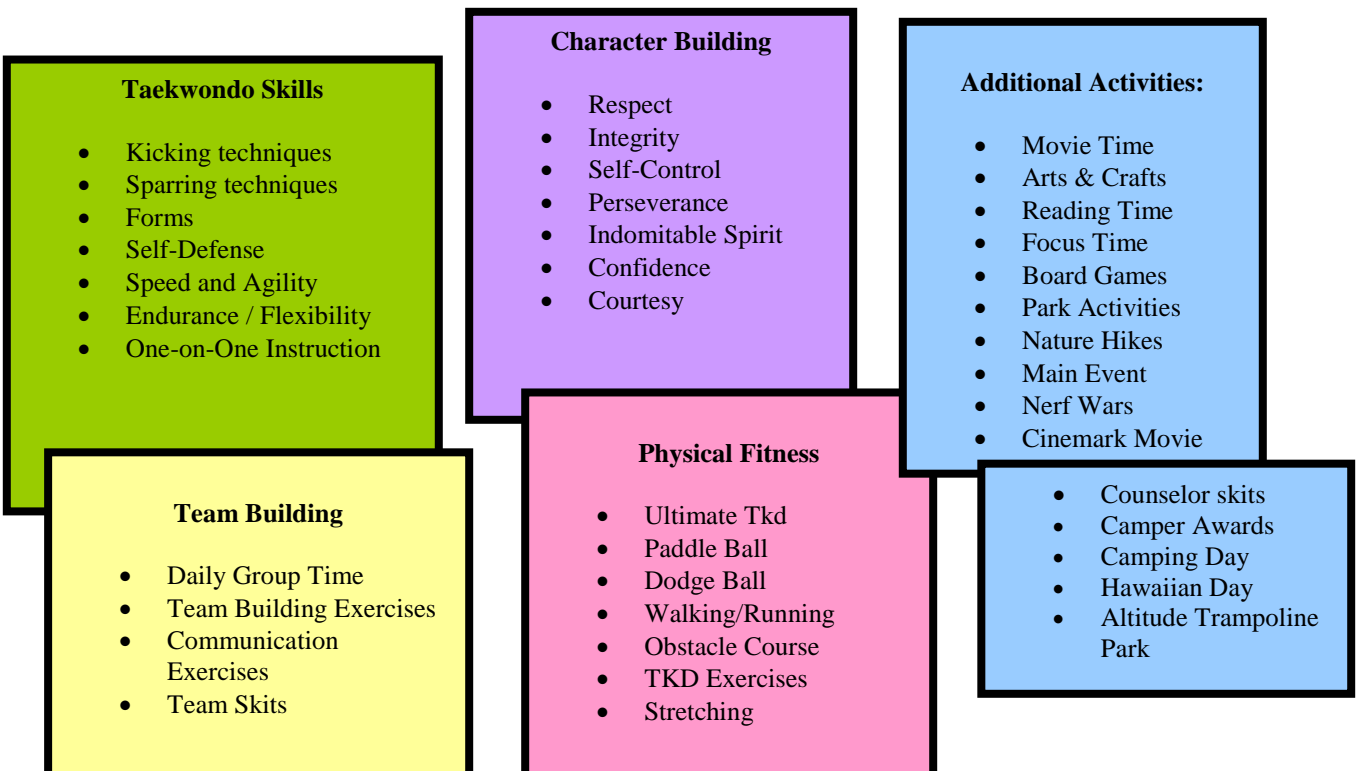
Cost: \$185

\*Family discounts available

Come join us for our Taekwondo Summer Camp.

**We have lots of fun while building stronger minds, bodies, relationships, and character.**

Enrollment is not limited to Current Taekwondo Students. **Friends, Relatives and Siblings are welcome to register as well.**



# ***CROFT TAEKWONDO ACADEMY***

## **SUMMER CAMP**

### **SUMMER CAMP GENERAL INFORMATION**

#### **CAMP DATES**

July 10-14

#### **CAMP HOURS**

9:00 am – 4:00 pm    **\*Please arrive at 8:30 on Monday for camper orientation.**

#### **CAMP FEES**

##### **Weekly:**

\$185 for entire week

\$150 second family member

\$120 for each additional immediate family member

##### **Daily:**

\$50 per day

##### **Field Trips:**

Additional fees for field trips may be required.

\*The summer camp fees are in addition to the regular tuition. Make checks payable to [Glenn Croft](#). Credit Cards are also accepted.

#### **LUNCH AND SNACKS**

Campers need to bring their own lunch daily. Afternoon snack is provided. They also need to bring their own drinks as well as plenty of extra water to drink during physical exercises.

#### **BRING DAILY**

- Taekwondo uniform (TKD T-shirt acceptable)
- Lunch, snack, plenty of water.
- A book to read or board game to play.
- Comfortable clothes (bring extra change of clothes), tennis shoes (comfortable to hike in), sun block, hat, etc., and any other items needed for outdoor protection during outdoor activities.

**\*Please be sure to label all items. We are not responsible for lost items.**

***CROFT TAEKWONDO ACADEMY***  
SUMMER CAMP

SUMMER CAMP ENROLLMENT AGREEMENT

**CHILD INFORMATION**

Name \_\_\_\_\_ Age \_\_\_\_\_ Shirt Size \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Shirt Size \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Shirt Size \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Home Telephone \_\_\_\_\_ Work \_\_\_\_\_ Cellular \_\_\_\_\_

Email \_\_\_\_\_

Other Parent/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Home Telephone \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact

Name \_\_\_\_\_ Telephone Number \_\_\_\_\_

Name \_\_\_\_\_ Telephone Number \_\_\_\_\_

# ***CROFT TAEKWONDO ACADEMY***

## **Summer Camp**

### **MEDICAL RELEASE**

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Child First Name	Last Name	Date of Birth	Age
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Child First Name	Last Name	Date of Birth	Age
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Child First Name	Last Name	Date of Birth	Age
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Mother Name	Home	Cell	Work	Other
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Father Name	Home	Cell	Work	Other
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Emergency Contact	Home	Cell	Work	Other
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Doctor Name	Tel	Address
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Health Care Insurance Provider: \_\_\_\_\_

List below any special conditions, pre-existing conditions, or precautions needed to be taken for your child: Please include any allergies, including any outdoor or food allergies. \*Note: If your child has a food allergy, we are not able to regulate the presence of these allergens since the campers bring their own lunches.

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In the event that I am not present and my child is in need of emergency medical treatment, I \_\_\_\_\_, hereby give my consent to the program director of Croft Taekwondo Academy to obtain emergency medical treatment for my child \_\_\_\_\_

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Parent Signature	Printed Name	Date
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# ***CROFT TAEKWONDO ACADEMY***

## **Summer Camp**

### **INFORMED PARENT AGREEMENT**

#### **Please initial to the left of each item**

\_\_\_ I understand and agree that the Croft Taekwondo Academy Summer Camp will have activities that will be held outside the center premises and will not hold responsible for any injury or loss during this time. I give permission for my child to be transported to and from activities.

\_\_\_ I understand and agree that the Croft Taekwondo Academy Summer Camp is not a licensed daycare and will not operate as such.

\_\_\_ I understand and agree that the Croft Taekwondo Academy Summer Camp daily schedule can change to the discretion of the Summer Camp director.

\_\_\_ I understand and agree that the Croft Taekwondo Academy Summer Camp will not be responsible for any injuries my child sustains while participating in the program.

\_\_\_ I understand that if my child is continually disruptive during Summer Camp activities, he or she may not be allowed to continue summer camp and a refund will not be given.

\_\_\_ I give permission for my child to be transported to and from certain camp activities.

\_\_\_ I have completed the online waiver at CroftTKD.com

### **GENERAL LIABILITY WAIVER AND RELEASE**

**I, the Parent / Guardian of \_\_\_\_\_ understand that there is an inherent risk of injury while participating in Tae Kwon Do and associated practices and exercises, and will not hold Croft Taekwondo Academy, or its Instructors or representatives responsible for any injury.**

**Parent Signature \_\_\_\_\_ Date \_\_\_\_\_**

# **CROFT TAEKWONDO ACADEMY**

## Summer Camp - Description of Events

**Taekwondo Skills:** We will focus on TKD drills and techniques. We will motivate campers to do their best in TKD activities at whatever skill level they may be, and inspire them to set goals to strive toward.

- Technique
- Endurance
- Strength
- Flexibility
- Self- Defense
- Forms, Sparring

**Character Building:** Each day will focus on a different TKD tenant. We will discuss definitions and examples of these characteristics, their importance and how to apply it not only to their TKD but also to their everyday life.

- Self Control
- Indomitable Spirit
- Perseverance
- Integrity
- Courtesy/ Respect

**Physical Fitness:** Campers will be able to improve their physical fitness and team building by participating in other sport activities, which also adds variety while still providing a good physical workout.

- Paddle Ball, Dodge Ball
- Agility and Coordination Exercises
- Running, Relays, Obstacle courses
- Activities at Bear Creek Park

**Quiet Activities:** We will also have time for quieter activities.

- Arts & Crafts
- Reading Time
- Board Games

**Additional Activities:** Campers will be able to participate in special activities as well.

- Camping Day- We will set up tents for each group. We will have a scavenger hunt as well as having s'mores during snack time. We will also tell stories and sing songs around the (pretend) campfire.
- Field Trips- Bear Creek Park, ALTITUDE Trampoline Park, Main Event, Nerf Wars and Cinemark Movie.
- Hawaiian Day – Fun Games as well as fruit kabobs and water day at the park.

**Team Building Activities:** Campers will participate in Team Building Exercises which will teach them how to work cooperatively while demonstrating a good team attitude.

**\*Since there is a wide range of ages participating in Summer Camp, campers will be divided into age groups and activities will be modified to be age appropriate.**