**Taegeuk Oh Jang**

The symbol of this form is Seon which represents the wind

1. **Turn left 90 degrees, step with left foot toward “A” forming a left front stance while executing a left low block.**

2. **Bring left foot back, forming an open stance while executing a downward hammer-fist strike with left fist.**

3. **Turn right 180 degrees (pivot on left foot) step with right foot toward “B” forming a right front stance while executing a right low block.**

4. **Bring right foot back, forming an open stance while executing a downward hammer-fist strike with right fist.**

5. **Face front and step forward with left foot toward “Z” forming a left front stance while executing an inward forearm block to middle-section using the left arm.**
3. Without moving feet, execute an inward forearm block to middle-section using the right arm.

4. Execute a right front snap kick to middle-section.

4. Drop right foot toward “Z” forming a right front stance while executing a right backfist strike to high-section.

4. Without moving feet execute an inward forearm block to middle-section using the left arm.

5. Execute a left front snap kick to middle-section.

5. Drop left foot toward “Z” forming a left front stance while executing a left backfist strike to high-section.
5. Without moving feet execute inward forearm block to middle-section using the right arm.

6. Step forward with right foot, forming a right front stance while executing a right backfist strike to high-section.
   Yell “ki-ya” on backfist strike.

7. Turn left 270 degrees (pivot on right foot) step with left foot toward “F” forming a back stance while executing a single knife-hand block with left arm.

8. Step forward with right foot, forming a right front stance while executing a right elbow strike to middle-section (right fist goes to left palm).

9. Turn right 180 degrees (pivot on left foot) step with right foot toward “E” forming a back stance while executing a single knife-hand block with right arm.

10. Move left foot one step forward, forming a left front stance while executing a left elbow strike to middle-section (left fist goes to right palm).
**11** Turn left 90 degrees (pivot on right foot) step with left foot toward “X” forming a left front stance while executing a left low block.

**11** Without moving feet, execute an inward forearm block to middle-section using the right arm.

**12** Execute a right front snap kick to middle-section.

**12** Drop right foot toward “X” into a right front stance while executing a right low block.

**12** Without moving feet, execute an inward forearm block to middle-section using the left arm.

**13** Turn left 90 degrees, pivoting on the balls of the feet and bringing the left foot toward the right foot. Then step toward “D” with the left foot, forming a left front stance while executing a left high block.
14 Execute a right side-kick to middle-section.

14 Drop right foot to “D” forming a right front stance while executing a left elbow strike to right palm.

15 Turn right 90 degrees (pivot on left foot) step with right foot toward “C” forming a right front stance while executing a right high-block.

16 Execute a left side-kick to middle-section.

16 Drop left foot to “C” forming a left front stance while executing a right elbow strike to left palm.

17 Slide left back to right foot. Turn left 90 degrees, pivoting on the right foot as the left foot moves toward “X” forming a left front stance while executing a left low block.
17 Without moving feet, execute a right inward forearm block to middle-section.

18 Execute a right front snap kick to middle-section and re-chamber the right leg after the kick.

18 Jump forward into cross-legged x-stance (twist stance), landing on right foot first, while simultaneously executing a right backfist strike to high-section strike. Yell “ki-ya” on back-fist.

Ba-Ro:

Turn left 180 degrees (pivoting on the balls of the feet and staying in the same place) until facing “Z” in ready stance.